

CHANGE YOUR MIND CHANGE YOUR BODY® THE BUSHIDO SCHOOL OF KARATE



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IN OUR 23RD YEAR!

The year 2020 was one we will never forget. The pandemic turned our lives upside down. In the midst of new challenges and obstacles, we were overwhelmed with pride to promote these students. Some were promoted at our last in-person Promotion Test in February 2020* prior to going online. Most have continued to train in online classes since March 2020 and have been promoted *virtually*. A few of these students have passed more than one virtual promotion test and have earned more than one belt!** We are very happy to share their success with our Bushido Karate family!

Congratulations! The following students were promoted in 2020

White Belt

Aran Baljepalli
Neil Baljepalli
Andrew Dickman-Wilkes
James Dickman-Wilkes

Orange Belt

**Parker Wilson
**Johnnie Vaughn-Prince

Blue Belt

**Parker Wilson
**Johnnie Vaughn-Prince
*Izzy Contreras
Rigo Rosas
Jose Pichasaca
Michael Cabanillas
*Adriano Yarasca
**Chloe Crooks
**Oliver Spokes
**Cooper Spokes

Yellow Belt

*Nereo De La Cruz Garcia
Joanna Cruz
**Chloe Crooks
Andrew O'Donnell
**Oliver Spokes
**Cooper Spokes

Green Belt

**David Nikolla
Laurie Starke
Valeria Hernandez
**Timothy Berezov
**Katie Menjivar
**Kaiden Moore
*Astrid Alvarez
*Alex Fitzmaurice
**Sebastian Menjivar

Red Belt

**Timothy Berezov
**Katie Menjivar
**Kaiden Moore
**Sebastian Menjivar
Daniel Gjokaj
Frankie Calabro
Astrid Alvarez
Eliana Nikolla
*Declan Hazen
Tenzen Sherpa
Alex Fitzmaurice
Yentsen Sherpa

Brown Belt

Grace Strnad
Skylar Strnad
*Julia Emilie Pineda
*Sebastian Gonzalez

Brown Belt and Black Belt candidates were prepared for our BLACK BELT TEST scheduled for March 21, 2020. Each had been training for years for this day and it was taken away from them practically overnight. Within two weeks we had set-up a full schedule of online classes for our students. Every one of the original candidates for the March 21st test continued with virtual training until we could safely reschedule. On a beautiful summer day in August 2020, safely distanced and outdoors, our BLACK BELT TEST took place. The next page is dedicated just to those candidates and their success! OSU

These students were promoted in rank at our

BLACK BELT TEST, August 21st, 2020

First Degree Black Belt

Sempai Jair DeOliveira.....493 classes since 9/2016

Alex Kaplan.....634 classes since 9/2015

Joshua Rivera.....616 classes since 1/2016

Elena Zreik.....729 classes since 1/2016

Second Degree Black Belt

Sempai Nyasia Burrell.....697 classes since 11/2013

Fourth Degree Black Belt

Deshi David Figueroa... Bushido Karate student since 1999

In addition, advancement to

First Degree Sensei

David Figueroa

Honorable Mention

Adrian Almanzar.....great effort and even better attitude. Keep training hard!

Our next BLACK BELT TEST will not be added to our calendar until we know better about the status of the pandemic. While PROMOTION TESTS can be conducted online our BLACK BELT TESTS cannot.

We strongly suggest and encourage students to schedule ZOOM time with their fellow students. Not only is it a fantastic way to get better, it's important to stay in touch with your Bushido Karate family!



Clickety-click the linkety-links!

3-Month Calendar

Just about every item on our calendar has a clickable link; similar to our class schedule. It's especially important to have the latest info in this ever-changing world. Hover over events, game nights, tests, etc. to see if there is a link to more information.

More links for kids and adults

We've chosen 5 items to get you started. All links will take you to either our website, or one of our social media platforms.

[MAF- Martial Arts Fitness](#) : a collection of quick videos covering the basics of Martial Arts Fitness *Join our FB Live Event on February 11th at 7:30 p.m.*

[ChINSTRUCTION](#): a playlist of short videos from our “*ch-instructors*” with topics and a “*ch-interview*” with a 4th Degree Black Belt

[Is it hard to get a black belt?](#): from our F.I.S.T. blog 4/25/19

[Learn what swim lessons and self-defense have in common](#): from our F.I.S.T. blog 2/21/19

[BLACK BELT TEST, August 21st 2020](#): includes highlights and Sensei D. Figueroa's speech. *A must-see for students and parents alike!*

What happens next?

The only answer is to just keep moving. We can predict and theorize but even the best scientists cannot say when this pandemic will be in our past.

Our in-person classes, started in October 2020, have been suspended indefinitely. We were able to begin those classes because the number of COVID cases was on the decline.

Holiday gatherings, unfortunately, have caused a dramatic increase in active cases, and deaths.

Normally our yearly schedule was closely tied to kid's school calendars. Now we are following CDC guidelines and recommendations in our planning. That is problematic due to the constant updates and changes. We will do our best and appreciate your understanding.

Let's just keep moving! OSU

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<h1>January 2021</h1>					1 	2
3	4	5	6	7	8	9
10	In honor of MLK Jr., be of service to someone else! Need ideas? Click here!					16
17	18 NO CLASSES BINGO Game Night	19	20	21	22	23
24	25	26	27	28	29	30
31	Write a Valentine's Day card to a member of our armed services & send it to Bushido!					
<h1>February</h1>						
	1	2	3	4	5	6
7	8	9 FB Live Event 11:00 am - 11:30 am Little Eagles®	10	11 FB Live Event 7:30 pm - 8:15 pm Teens & Adults	12	13 FB Live Event 11:30 am - 12:15 pm Kids 8 - 12 yrs
14 	15 NO CLASSES "Shihan Says"	16	17	18	19	20
21	22	23	24 Promotion Test at 6:00 p.m. ONLY 6 PM CLASS CANCELED	25	26	27
28	<h1>March</h1>					
	1	2	3	4	5	6
7	8	9	10	11	12	13
14 	15	16	17 NO CLASSES Game Night 	18	19	20
21	22	23	24	25	26	27 PASSOVER
28 	29	30	31	April 1 	2 	3 CLOSED April 2 nd - April 8 th

PRIVATE LESSONS ON

SATURDAY AFTERNOONS