

“How do you get your kicks?”



**CHANGE YOUR MIND
CHANGE YOUR BODY®
THE BUSHIDO SCHOOL
OF KARATE**

Volume 20, Issue 78

WWW.BUSHIDOKARATE.COM

January/February/March 2019



Congratulations!

The following students were promoted between October 1st and December 31st, 2018

Orange Belts

Axel Munoz

Green Belts

Lucciano Mautino

Blue Belts

Alan Arizmendi

Daniel Sturr

Julia Pineda

Rilind Bajraktari

Red Belts

Alexander Chacha -none-

Evalise Melgar

Brown Belts

Charlsie Morales

-none-

Yellow Belts

Frankie Calabro

Declan Hazen

Tenzen Sherpa

Yentsen Sherpa

Karateka Corner

(A Karateka is a student of karate)

BUSHIDO KNOWLEDGE

**What does each set of words
have in common?**

1) HOOK FRONT ROUND SIDE

Your answer: _____

2) FRONT BACK HOOK UPPERCUT

Your answer: _____

3) READY ATTENTION DEFENSIVE

Your answer: _____




BLACK BELT PROMOTIONS

1st Degree: Rebecca Weissman 1,104 classes since January 2012

2nd Degree: Sempai J. Wallace 1,340 classes since October 2010

3rd Degree: Sempai N. Liveris 1,296 classes since August 2008

*“While the many bodies will be content to try and fail,
It is the most courageous of spirit that will always prevail” -*

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
JANUARY		1 	2 <i>We Re-open & Classes Resume</i>	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
DONATION DAYS! <u>New Items only please!</u> Socks, toothbrushes, toothpaste, small bars of soap (hotel soap), deodorant, disposable razors, travel-size shaving cream, disposable diapers.						
20	SLEEPOVER! 7:00 p.m. Sunday to 4:00 p.m. Monday		22	23	24	25
26	27	28	29	30	31	
Colored Belt WORKSHOPS						
FEBRUARY					<i>*Candidates for Promotion Tests MUST ARRIVE AT 10:30 A.M.</i>	
3	4	5	6	7	8	9 <i>*Promotion Test at 11:00 a.m. NO REGULAR CLASSES</i>
10	11 <i>Begin ordering wood on 2/11!</i>	12	13	14  Bring-A-Friend to Class	15	16 CLOSED
17 CLOSED	18	19	20 <i>Last day to order wood!</i>	21	22	23
24	25	26	27	28	Pick-up bundles of wood 2/26 – 3/2	
MARCH					Next BLACK BELT TEST: June 2018	
3	4	5	6	7	8	9
WOODBREAKING WEEK 3/4 - 3/8						
10	11	12	13	14	15	16
DONATION DAYS! <u>New or "nearly new" only please!</u> Dog & cat toys, gently used blankets sheets & towels, cat litter, litter boxes, unopened cat & dog food, paper towels						GAME NIGHT
17 	18	19	20	21 Women's Self-Defense Class	22	23
24 Colored Belt WORKSHOPS	25	26	27	28	29	30
31	April 1	2	3	4	5	6 <i>Promotion Test at 11:00 a.m. NO REGULAR CLASSES</i>