



THE BUSHIDO SCHOOL OF KARATE
257 MAMARONECK AVENUE, WHITE PLAINS, N.Y. 10605 (914) 993 - 0400

 thebushidoschoolofkarate


www.BushidoKarate.com

 /BushidoKarateNY

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
WE ARE OPEN!		11:00 -12:00 pm BJJ			11:00 -12:00 pm BJJ	10:00 - 11:00 am KIDS BEGINNER & ADULT BEGINNER	
		12:30 -1:30 pm ADULT BEG. & INTERMEDIATE			12:30 -1:30 pm ADULT BEG. & INTERMEDIATE		
OPEN MAT 12:30 p.m. to 2:30 p.m.	5:00 - 6:00 p.m.	4:00 - 4:30 pm Little Eagles®		4:00 - 4:30 pm Little Eagles®	ADULT BEG. & INTERMEDIATE	11:00 - 12:00 pm KIDS INTERMEDIATE & ADULT INTERMEDIATE	
		5:00 - 6:00 pm		5:00 - 6:00 pm			5:00 - 6:00 pm
CHANGE YOUR MIND, CHANGE YOUR BODY® Martial Arts Fitness 2:45 p.m. to 3:45 p.m. <i>Open to the Public!</i>	KIDS BEGINNER	KIDS INTERMEDIATE		KIDS INTERMEDIATE	KIDS BEGINNER	12:00 - 1:00 pm ADVANCED - ALL AGES	
	6:00 - 7:00 pm KIDS INTERMEDIATE	6:00 - 7:00 pm KIDS BEGINNER		6:00 - 7:00 pm KIDS BEGINNER	6:00 - 7:00 pm KIDS INTERMEDIATE		
	7:00 - 8:00 pm ADVANCED - ALL AGES	7:00 - 8:00 pm ADVANCED - ALL AGES		7:00 - 8:00 pm ADULT BEG. & INTERMEDIATE	7:00 - 8:00 pm ADVANCED - ALL AGES		7:00 - 8:00 pm ADULT BEG. & INTERMEDIATE
	8:00 - 9:00 pm BJJ	8:00 - 9:00 pm ADULT BEG. & INTERMEDIATE		8:00 - 9:00 pm BJJ	8:00 - 9:00 pm ADULT BEG. & INTERMEDIATE		4th Stripe Fridays Students with enough classes to be eligible for a 4th stripe should attend class on a Friday to be considered for testing.

Online tutorials and teaching aids!

 BushidoKarate.vhx.tv

 Bushido School of Karate - F.I.S.T.

Add some "punch" to
your child's party!
Have a **Bushido**
Karate Birthday
Party!



BUSHIDO'S POLICY ON MISSED CLASSES We encourage students to maintain a consistent schedule, however, when they are unable to do this because of changes to Bushido's schedule, we will always permit students to re-schedule his or her missed classes. Please call us if you will miss a class due to illness or vacation. In these instances, we ask that you simply return to your normal schedule of classes.



We are the developers and
owners of "Little Eagles®"
Martial Arts!